

cDNA Synthesis (Superscript II RT)

Written by: Kevin Zhao
Date: November 2021
Updated by: Aunika Venables

Date: April 2023

Bowdish Lab, McMaster University Hamilton, ON, Canada

www.bowdish.ca

BACKGROUND

This protocol is used to synthesis cDNA from isolated RNA using the SuperScript II reverse transcriptase enzyme with the aim to use the synthesized cDNA in subsequent 2-stage RT-qPCR reactions.

MATERIALS

- SuperScript II First-Strand Synthesis System for RT-PCR Kit
- Random pentadecamers (10 μM)
- 10 mM dNTP mix
- RNAse-free water
- 0.1M dithiothreitol (DTT)
- RNAse inhibitor (40 U/μL)

PROTOCOL

- 1. If not already diluted to 100 ng/ μ L (±25 ng/ μ L), use a nanodrop spectrometer to standardize samples.
 - a. Aliquot some undiluted RNA into a separate Eppendorf tube as a reserve in the event you over-shoot your dilution.
 - b. Dilute in increments, under-shooting the desired concentration so as not to over-dilute.
- 2. Briefly pulse centrifuge components before use and mix in a sterile PCR tube.

Volume (μL)	Reagent
8	100 ng/mL total RNA (2 ng total)
1	10 mM dNTPs
1	10 μM random pentadecamers

Incubate RNA/primer/dNTP mix at 65°C for 5 mins, then place on ice for at least 1 minute.

4. In a separate 1.5 mL tube, prepare the following 2x reaction mix, adding each component in the indicated order. Prepare enough for all samples.

Volume (μL)	Reagent
4	5x FS buffer
2	0.1 M DTT
2	50 mM MgCl ₂
1	40 U/μL RNase inhibitor

- 5. Add 9 μL of the 2x reaction mix to each RNA/primer/dNTP mix from step 2.
- 6. Mix sample by flicking, then briefly centrifuge to spin down and collect the mixture.
- 7. Let it stand at room temperature for 2 minutes.
- 8. Add 1 μL of SuperScript II RT to each tube.
 - a. Negative control: add 1 μ L of nuclease-free water instead of the enzyme.
- 9. The following steps (10-13) are completed in a thermocycler:
- 10. Incubate at 25°C for 10 minutes.
- 11. Incubate at 42°C for 50 minutes.
- 12. Terminate the reaction by incubating at 70°C for 15 minutes.
- 13. Chill at 4°C until use (the thermocycler should keep samples at 4°C until samples are removed after cycle completion).
- 14. Store at -20°C or use for PCR immediately.

NOTES

- https://www.thermofisher.com/document-connect/documentconnect.html?url=https%3A%2F%2Fassets.thermofisher.com%2FTFS-Assets%2FLSG%2Fmanuals%2FsuperscriptII pps.pdf
- Kit designed for use with 1-5 microg starting total RNA.
- If DNA contamination is suspected in RNA sample, treat with DNAse-treat prior to applying kit.