

ISOLATION AND BANKING OF PBMCs FROM HUMAN WHOLE BLOOD USING LEUCOSEP TUBES

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Purpose: To isolate peripheral blood mononuclear cells from human whole blood for freezing.

Materials and Equipment: 0.22µm Stericup Filter (Millipore Cat. # SCGPU01RE) RPMI hAB serum PBS (warmed) Ficoll 50mL Conical Tubes 50mL Leucosep Tube **Disposable Medical Examination Gloves** 5mL, 10mL, and 25mL Pipets Cell Freezer (Mr. Frosty) Cryovials Hemacytometer Precision Pipettors (20µl and 1000µl) **Appropriate Sterile Pipette Tips Blood Processing Binder** Waste Bag and Containers Laboratory Coat Centrifuge **Biosafety Cabinet (BSC)**

Note: Centrifuge speeds vary between RCF and RPM depending on the protocol. Please be sure you are using the right one.

PBMC Isolation and Storage

Preparation of hAB serum:

- a) First heat inactivate serum at 56°C in waterbath for 30 mins, swirling every 10 mins to reduce particulate formation.
- b) After heat inactivation, let cool and then filter through 0.2µm filter into a sterile tube in the BSC to remove any particulates that did form. Aliquot and Store AB serum at 4°C, or long term at -20°C.

c) Prepare your 2X freezing media: 8ml hAB serum (80%) + 2ml DMSO 20% (any other 1:5 ratio is acceptable). Drip the DMSO into the hAB serum slowly while gently mixing (swirling motion).

Note: DMSO clumps will disappear with sufficient gentle mixing. Do not pipet DMSO down side of polypropylene tube; clumps will form that will not dissolve

- 1. Chill Mr. Frosty in refrigerator for >30 minutes.
- 2. Centrifuge green top tubes for 10 minutes at 1500rpm to separate plasma. For further information, see Plasma Isolation.
- 3. Remove yellow upper layer (plasma) from each green top tube. *Aliquot into cryovials* (1mL/vial) for storage as described below.
- 4. Using a 10mL pipet, transfer remaining blood sample into 50 mL leucosep tubes (with ficoll already added) maximum of 15 mLs / tube, record total volume of blood processed. If there are multiple green top tubes from the same donor, these can be combined into the same 50mL tube, but only up to 15mLs
- 5. Add an equal volume of PBS (up to 15mL maximum) to blood and mix gently with pipet.
- 6. Record information from tubes then dispose green top tubes in sharps container in BSC.
- 7. Centrifuge for 10 minutes (no brake) at 2250rpm at room temperature.
- 8. A thin white interface should be observed between the top and middle layer after centrifugation. **NOTE:** This is the PBMC population to be isolated. *At this step, the separation is very sensitive. Take care not to jostle the tube. Separation shown below.*
- 9. Remove the top layer of plasma using a 10mL pipette, leaving approximately 5mL above the interphase (be careful not to disturb the interphase). Since you have already harvested the plasma above, this does not need to be kept. However, if you do keep this plasma layer, make note that it has been diluted with PBS and taken from this step in the protocol.
- 10. Draw off the interphase (PBMC layer) with a 10mL pipette into another 50mL tube.
- 11. Dilute interface by pouring PBS into the tube up to 50mL (fill tube completely). Mix by inversion.
- 12. Centrifuge 10 minutes at 1500rpm at room temperature (brake on).
- 13. After centrifugation, pour supernatant into waste bucket and resuspend cells in 20mLs PBS using a pipetman. if pellet is small add 10 15 mLs PBS instead of 20 mLs. Or if pellet is large add 30-35mLs PBS instead of 20mLs.
- 14. Remove 10μl cell suspension and add equal amount of Trypan Blue in a microcentrifuge tube, and gently mix.
- 15. Using hemacytometer, count mononuclear cells (large, grayish cells), **not** RBCs (small, round, shiny cells). Calculate the number of cells/mL.
- 16. Centrifuge samples for 5 minutes at 1500rpm at room temperature.
- 17. Calculate the number of cyrovials required as 5 -10 x 10⁶ cells/mL in each cryovial is desired. Label these vials before-hand.
 Example: 1x10⁶ cells/mL in 20mLs= 20x10⁶ cells total. If freezing at 5x10⁶ cells/mL, with
- 1mL/ cryovial, resuspend in 4mL freezing media and distribute into 4 cryovials.
 18. Resuspend the pellet in cold hAB serum and add an equal volume of freezing media by dripping slowly (20%DMSO + 80% AB serum) so that the final concentration is 5 10 x
 - 10^{6} cells / mL (i.e. 4 mLs total = 2 mL hAB + 2 mLs freezing media), gently mix well using

a swirl motion. Work quickly from this stage forward. DMSO is toxic to cells at room temperature. Transfer cells to the freezer as quickly as possible.

- 19. Transfer 1 mL cell suspension into each labeled cryovial.
- 20. Store freezing container (Mr. Frosty) overnight at -80°C. Transfer to long-term storage the next day.

Figures



Figure 3: Ficoll Separation for PBMC Isolation

Note: This separation was done with a Leucosep tube. When done with a 50mL tube, the only difference is the filter will not be there. Everything else is the same.